

1. Chilley Farm route

Overview

Type of cycling: Cycling on country lanes

Difficulty: Easy

Suitability: Older children or adults comfortable with cycling on lanes

Highlights: Stunning countryside along quiet winding lanes across the levels with irrigation canals on either side..

Easy cycling, wonderful scenery and plenty of birdlife makes this a wonderful cycle route...



1. Chilley Farm route

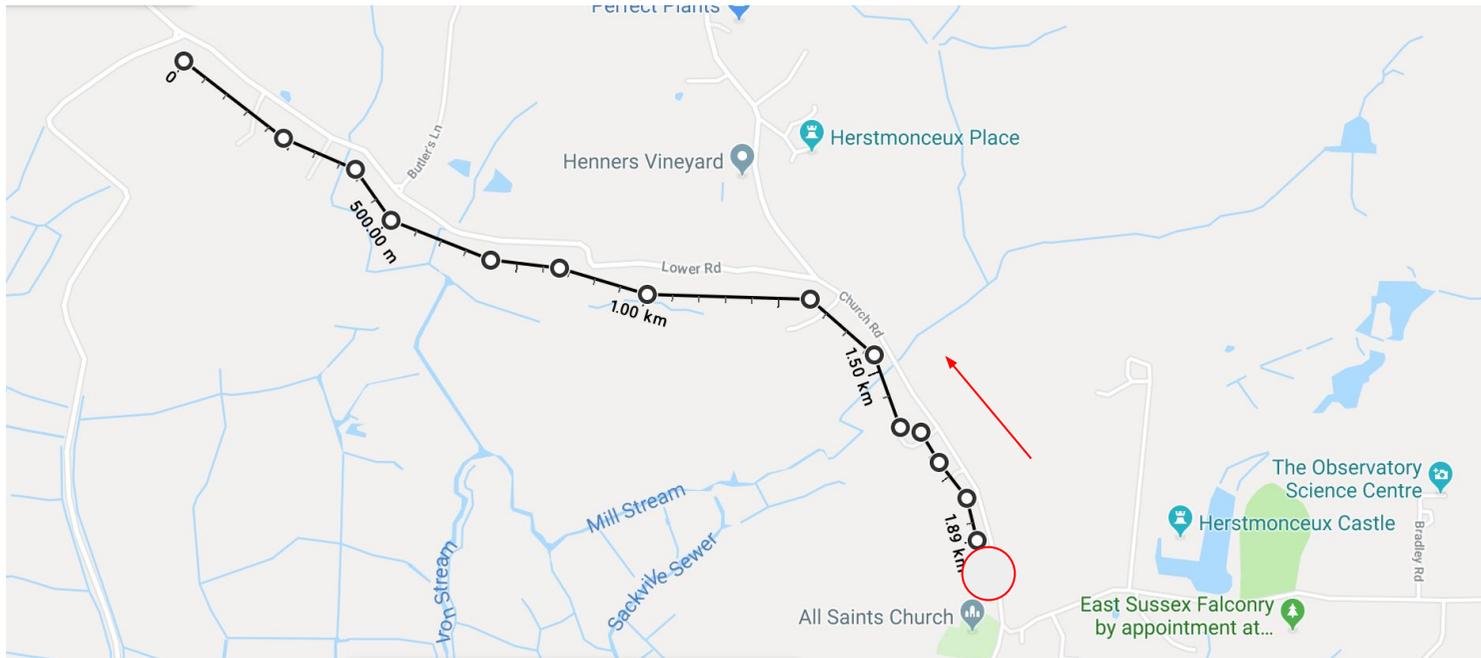
Stage 1

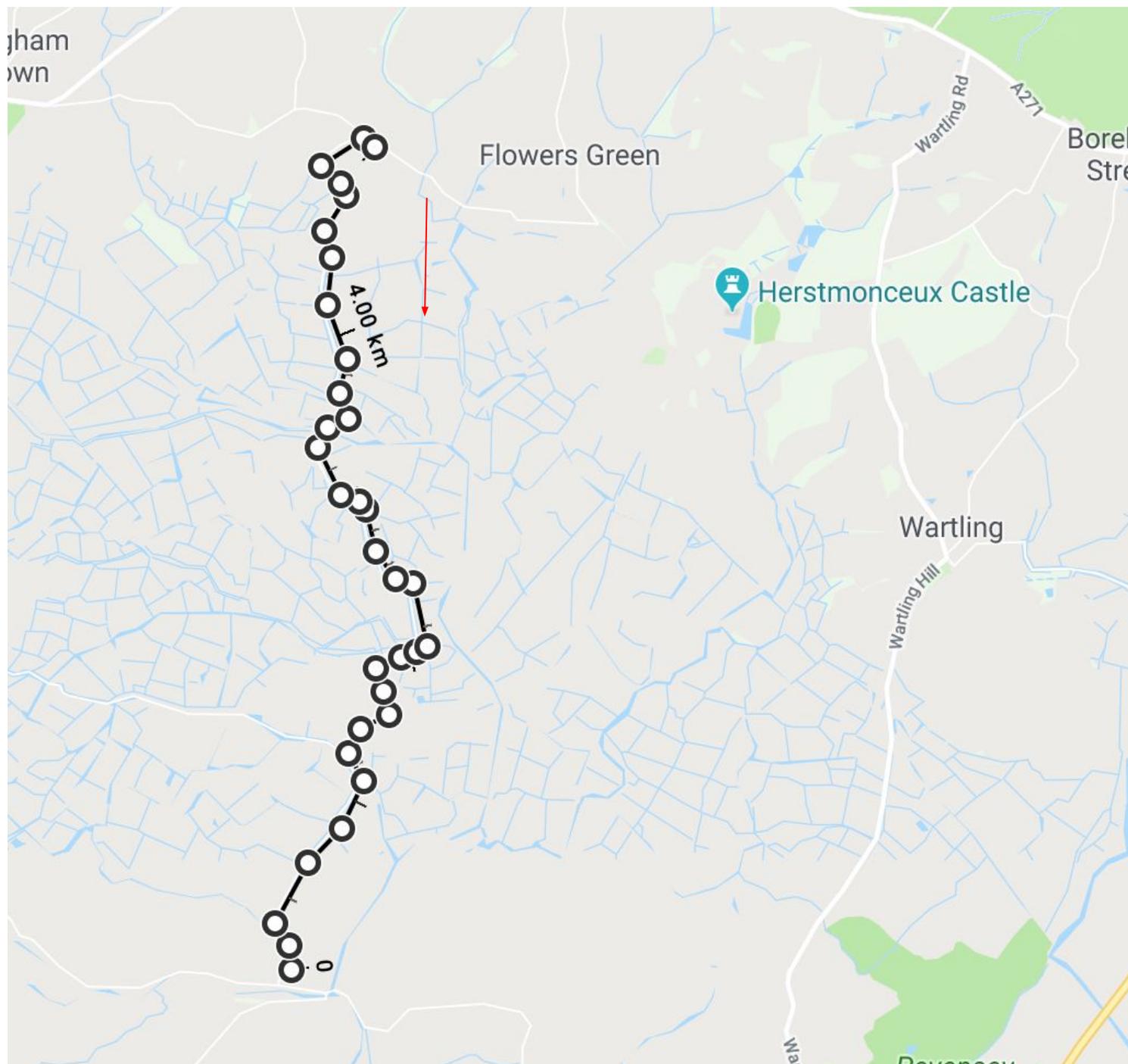
Note you need to pay to visit the Castle or Observatory Science center. The pay kiosk if you want to visit is found up near the Science observatory.

Exit the castle grounds via the gate immediately to the RHS of the bikes and follow the lane around to the right to All Saints church.

Continue up the lane for about 500m and take the first left hand turn onto Lower road.

Follow Lower road for about 1k and take the first left hand turn signposted towards Pevensey.





1. Chilly Farm route

Stage 2

Continue along New Bridge road all the way to the end. The road winds along the levels over various bridges and along the irrigation channels.

Wild grasses and birdlife abound through this lovely countryside along the flats.

At the end of the road you get to a T junction..

Turn left sign posted Pevensey onto Rickney lane.

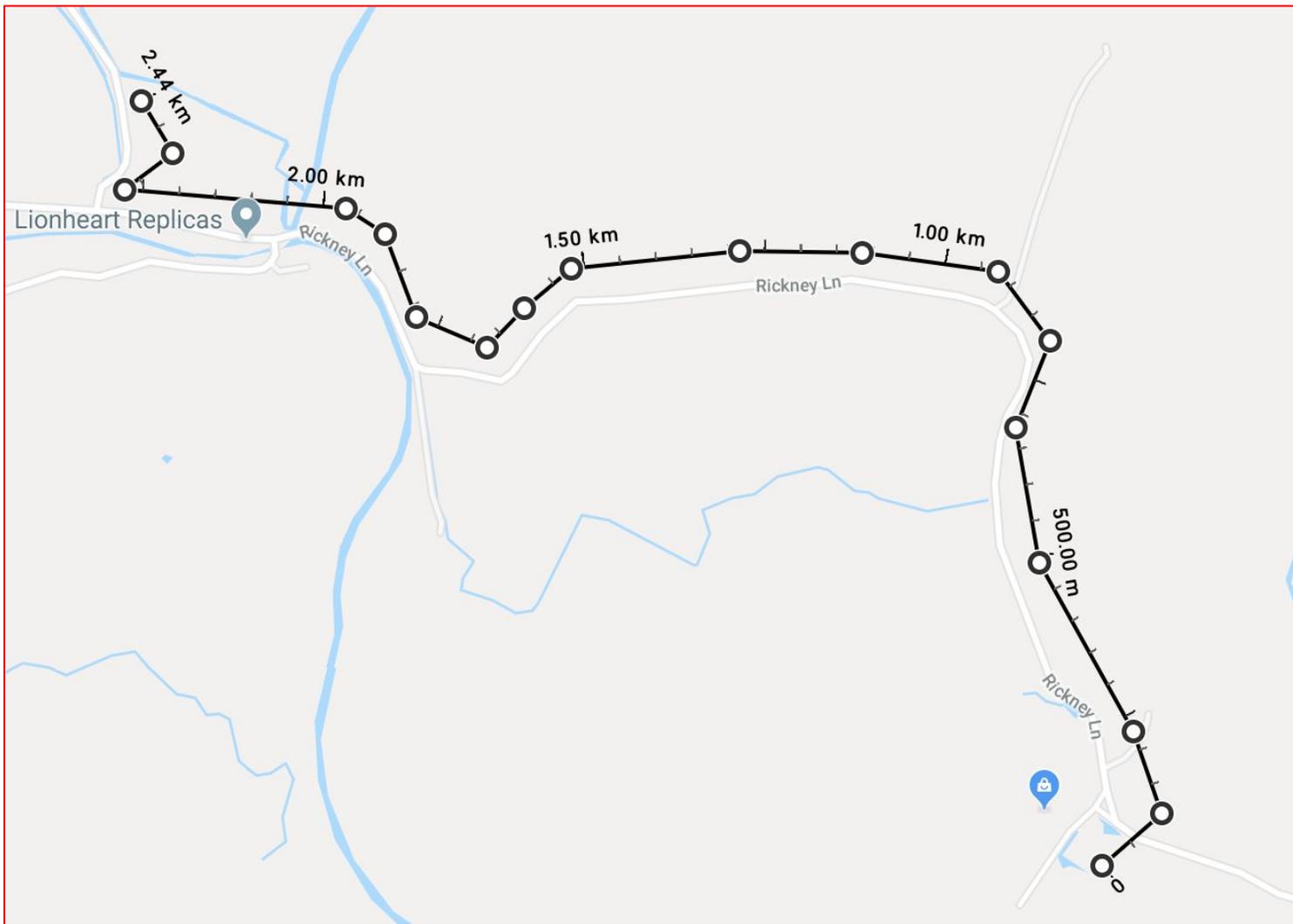


1. Chilley Farm route

Stage 3

Follow Rickney lane. This is along the Sustrans recommended cycle route 2 towards Pevensey.

After about 2k Chilley Farm shop and cafe is on your right hand side..



2. Sustrans route 2 and the Cuckoo Trail

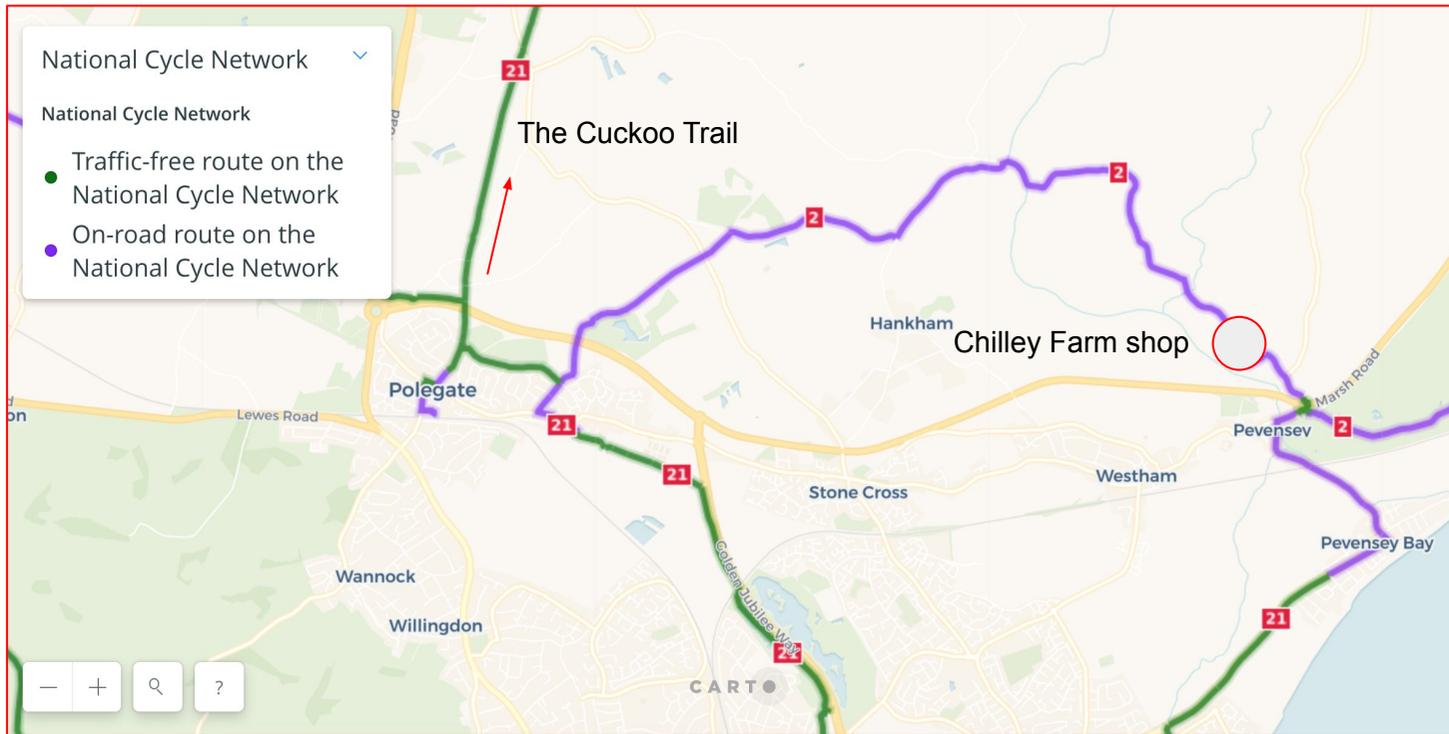
Overview

Type of cycling: Cycling on country lanes before joining the Cuckoo Trail off-road cycle route near Polegate

Difficulty: Easy

Suitability: Older children or adults comfortable with cycling on lanes

Highlights: The Sustrans recommended cycle route on lanes to near Polegate provides great scenery. The Cuckoo trail then heads north all the way to Heathfield predominantly off-road.



2. Sustrans route 2 and the Cuckoo Trail

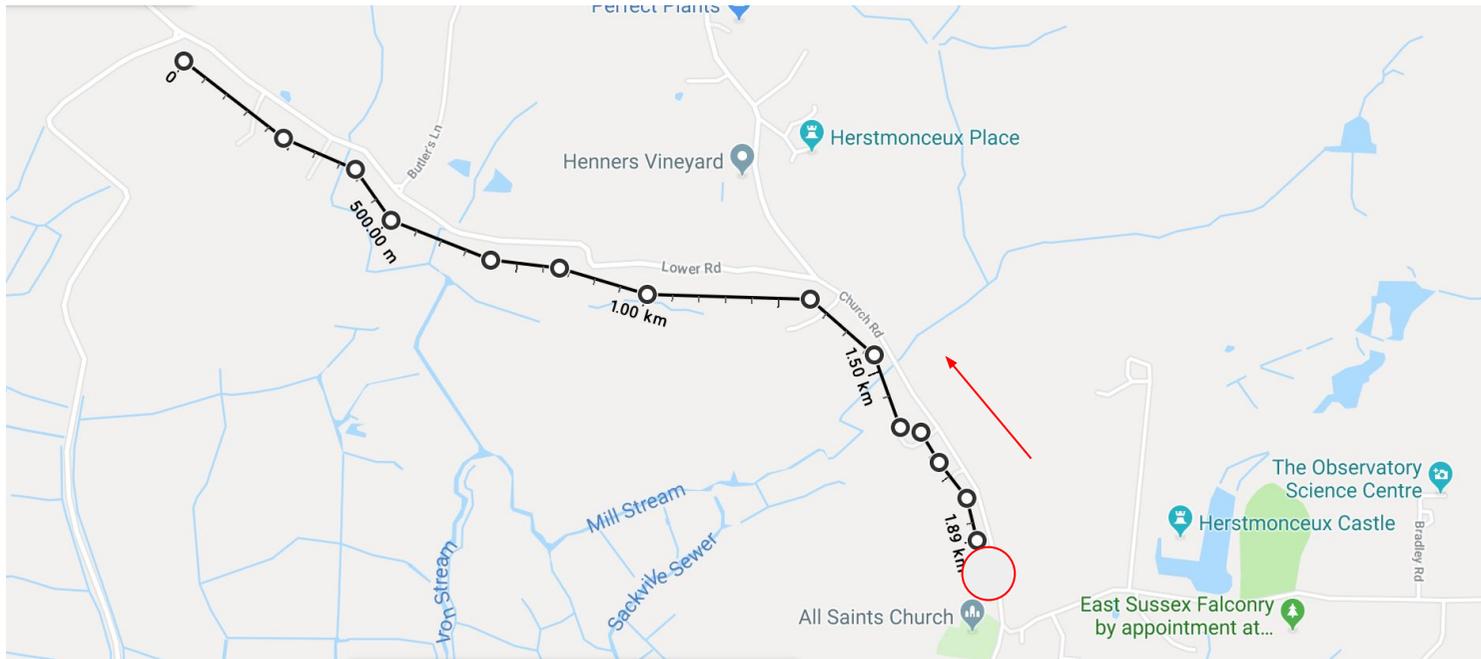
Stage 1

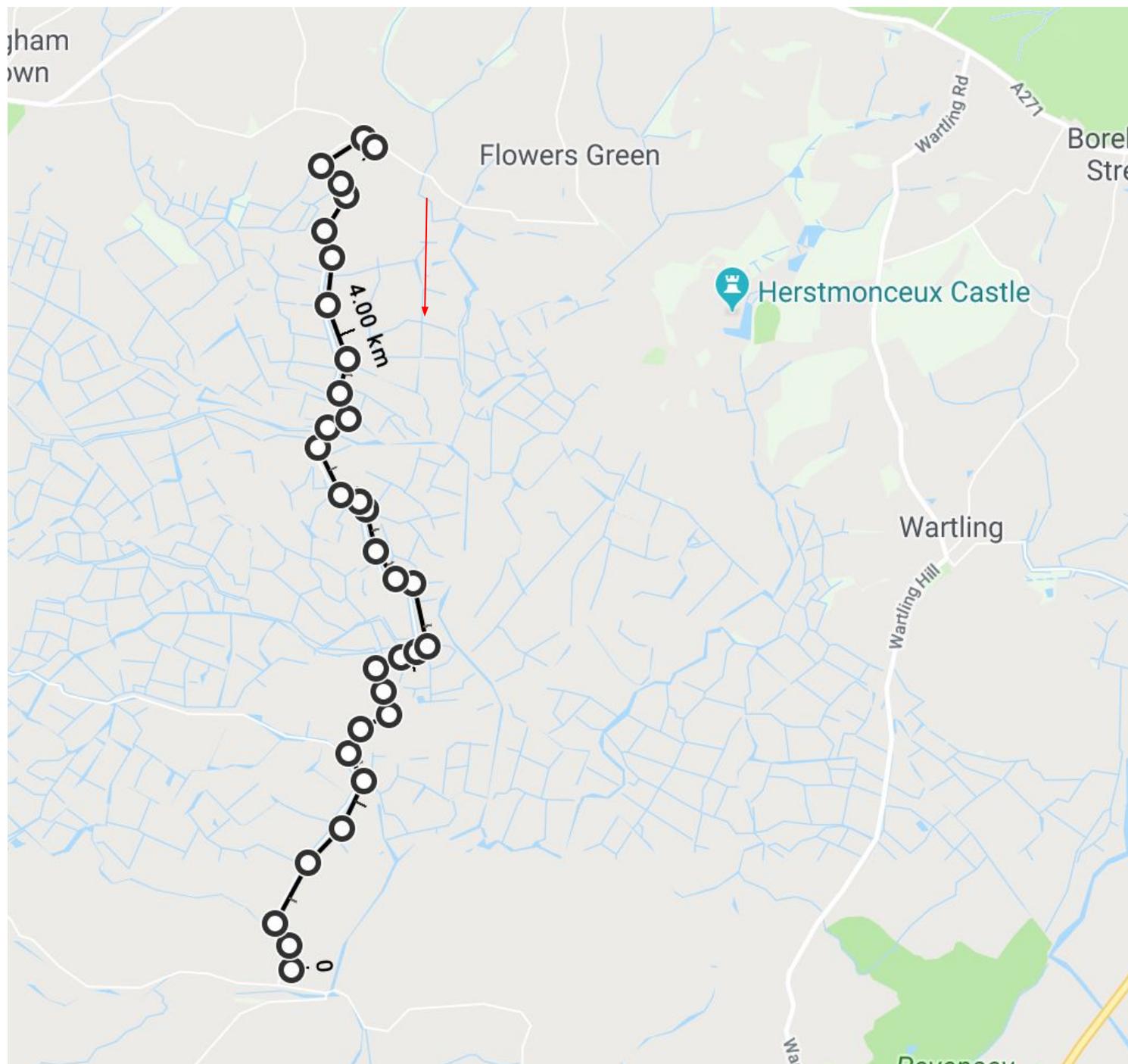
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Exit the castle grounds via the gate immediately to the RHS of the bikes and follow the lane around to the right to All Saints church.

Continue up the lane for about 500m and take the first left hand turn onto Lower road.

Follow Lower road for about 1k and take the first left hand turn signposted towards Pevensey.





2. Sustrans route 2 and the Cuckoo Trail

Stage 2

Continue along New Bridge road all the way to the end. The road winds along the levels over various bridges and along the irrigation channels.

Wild grasses and birdlife abound through this lovely countryside along the flats.

At the end of the road you get to a T junction..

Turn left sign posted Pevensy onto Rickney lane.

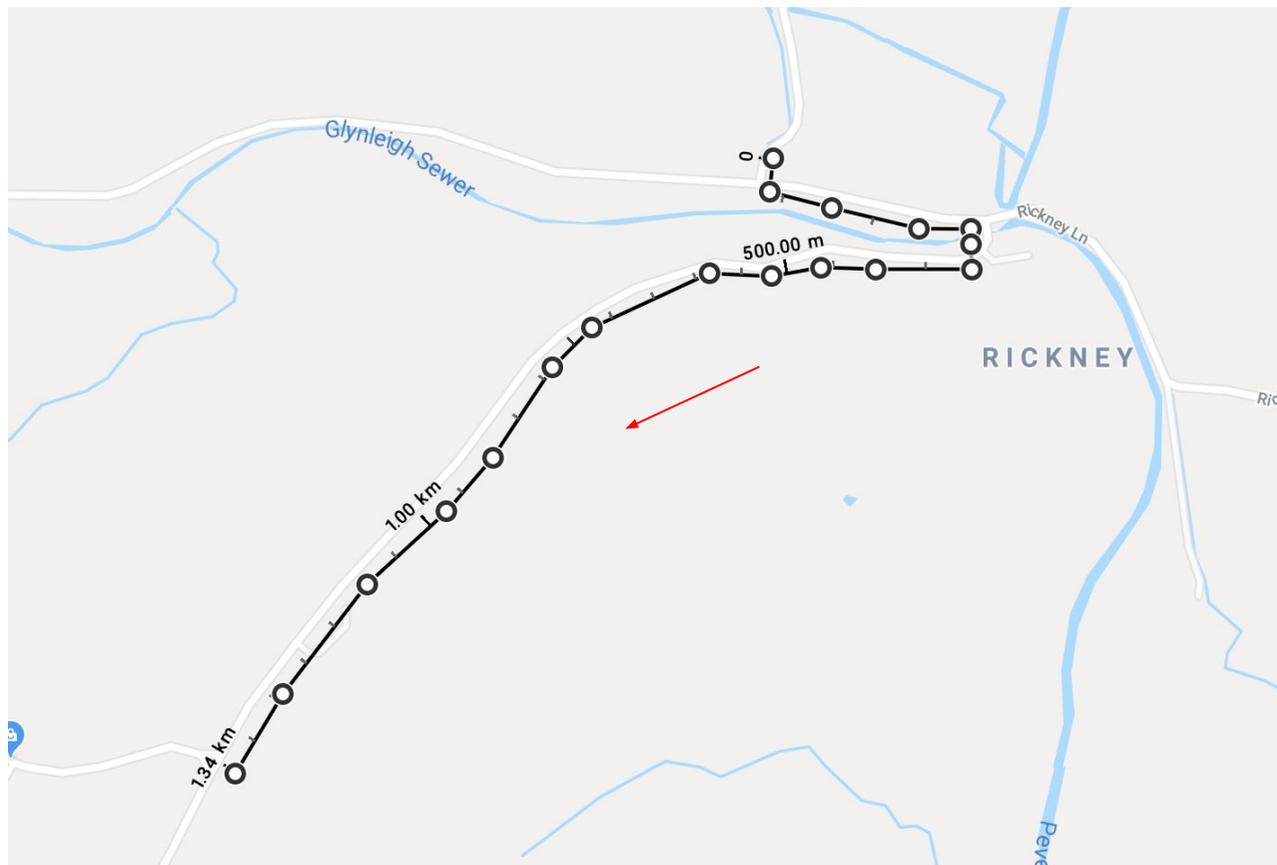


2. Sustrans route 2 and the Cuckoo Trail

Stage 3

When you get to Rickney lane from Herstmonceux (turning left), then the first right over the bridge signposted to Hankham. This is along the Sustrans recommended cycle route 2 towards Hailsham.

After another 1k take the first right signposted towards Hailsham.

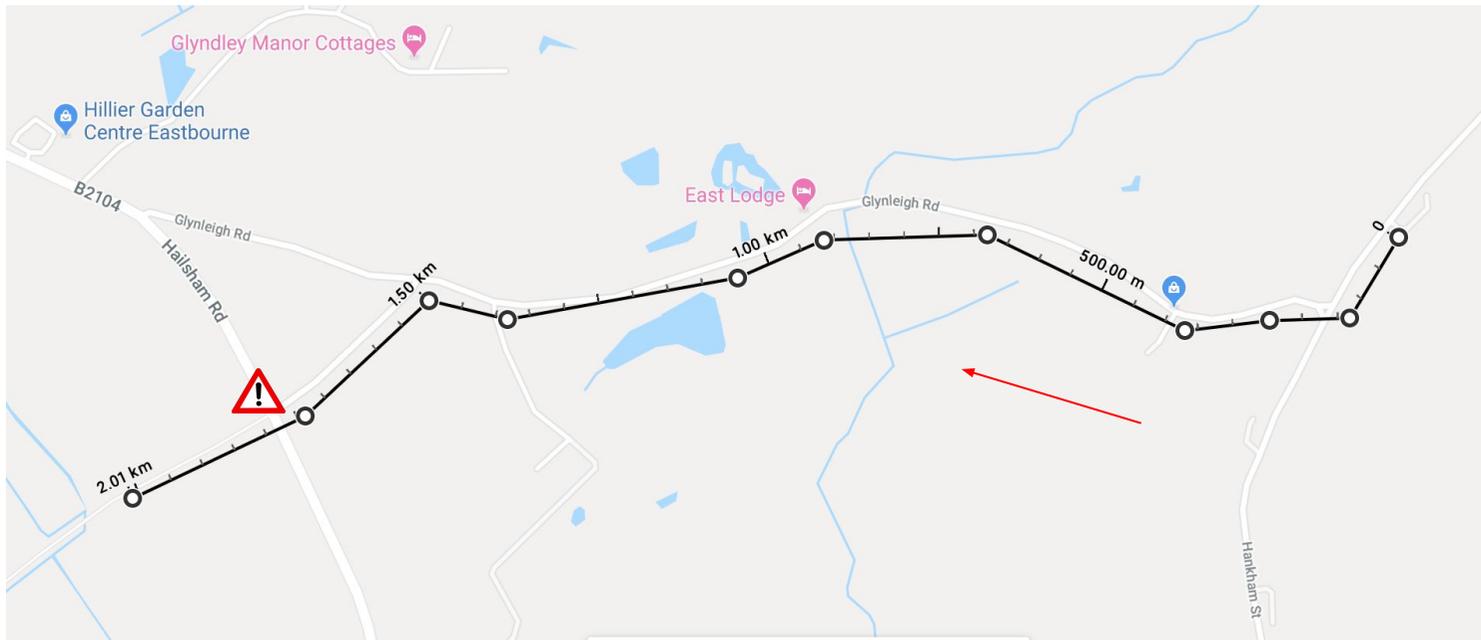


2. Sustrans route 2 and the Cuckoo Trail

Stage 4

Follow Glynleigh road for about 1k and turn left at the fork sign posted Stone Cross.

When you meet the main road, cross over onto the lane on the other side onto Shepham lane.

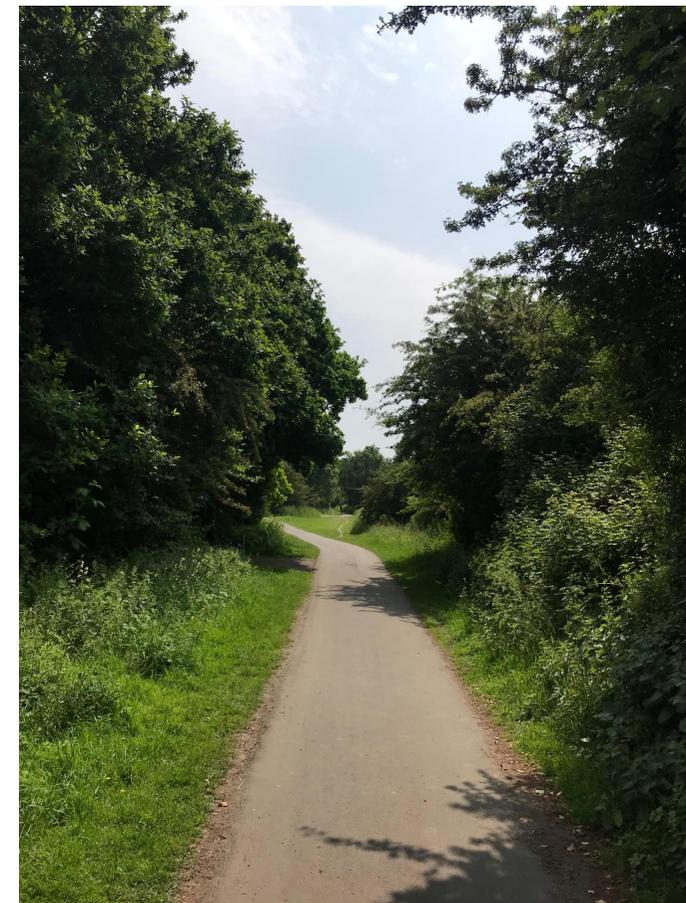
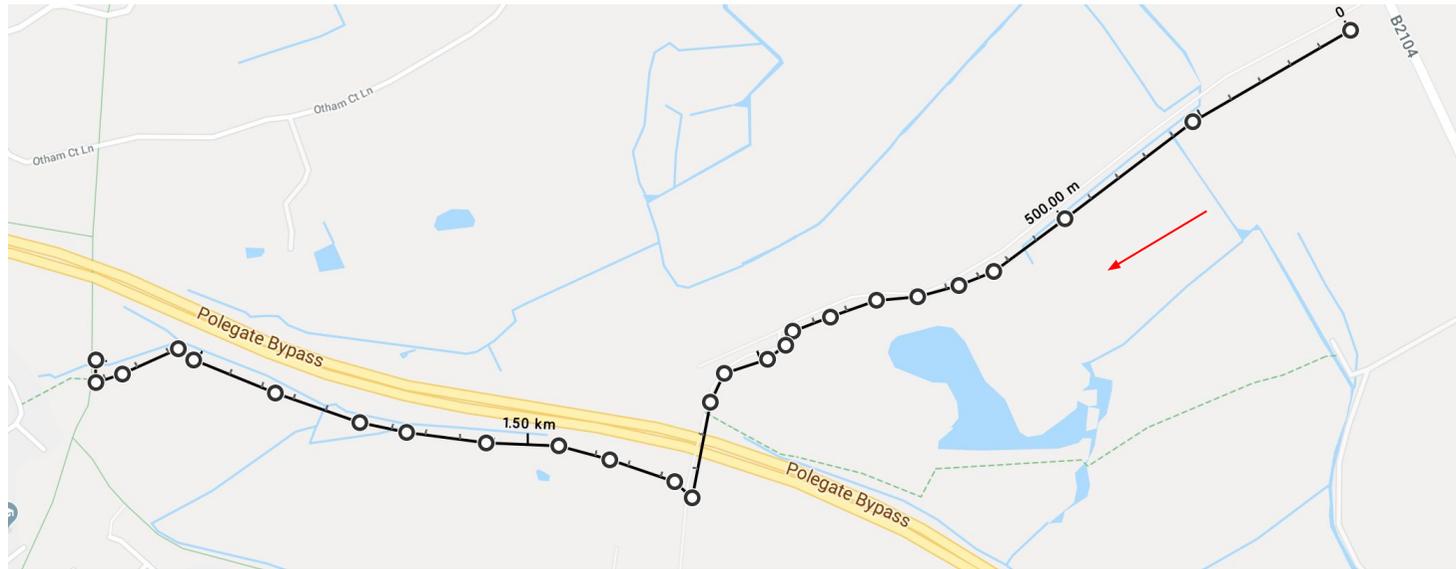


2. Sustrans route 2 and the Cuckoo Trail

Stage 5

Continue on Shepham lane (gated) towards Polegate and keep following the Sustrans 2 cycle route signs until you see signposts for the Cuckoo Trail.

The Trail runs all the way up to Heathfield along a predominantly off-road route from here cutting through fabulous scenery.



3. To the Coast!

Overview

Type of cycling: Cycling on country lanes down to the coast along Sustrans recommended roads

Difficulty: Medium (country lanes and some short stretches of main road)

Suitability: Older children or adults comfortable with cycling on lanes

Highlights: Head on up the coast to Hastings. True 1066 coastline!

